



**Coach
Development
Programme**



**Tier 2
Applications
Open
NOW!!**

Tier Two Programme – Intermediate Coaches

Coaches are granted private access to both National Team head coach sessions to observe, discuss and even challenge methods of training strategies and team management styles. Delivering a recorded session with feedback must be completed before coaches are certified Tier 2.

This tier is particularly attractive for coaches that may be working in the National Youth League and with a minimum of 2-year experience.

Programme Insight

How much is the course?

Tier 2 is free of charge. However, all travel and subsistence expenses are borne by the course attendees.

How long is the course?

Coaches are expected to attend one weekend training camp for both the male and female national teams. Attendance at Celtic Nations tournament 2022 is also a requirement. Coaches will be given a group session online with both head coaches prior to their camp and finally a 1 on 1 zoom session that will be utilised to provide feedback on a club/school session recorded by the coach.

Where are the National team trainings?

Both male and female trainings may take place in multiple locations around the country. A full programme schedule will be agreed prior to weekend one.

Do I have to stay overnight?

Attendees can choose to stay or return on Sunday for the 2nd day. Coaches will be staying overnight at each session and therefore additional access and informal learnings may take place during the evening.

Tier 2 Programme Overview

Evening 1 September 2021 Online Meet & Greet	Weekend 1 September 2021 Practical Male HP Camp	Evening 2 November 2021 Online Meet & Greet	Weekend 2 November 2021 Practical Female HP Camp	Final Weekend March 2022 Observation Celtic Nations
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Venues and exact dates are to be finalised before programme launch. Squad trainings will not clash with national league club fixtures.

Online meet & greet is a chance to get to know the head coach and what to expect at the training weekend later that week.

Feedback 1 on 1 Session

<p>1 on 1 online training/match Feedback 1 session per coach per annum.</p>	
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The recorded session can be taken at a time that suits the coach. Once completed the head coach will set up a zoom to provide feedback.

High-Performance Session Breakdown

This Tier 2 programme involves weekend camps with the national teams. The informal style programme will provide coaches with the realities of training camps for national squads in Ireland. This interaction and all access model is widely accepted as a successful approach for coach development.

Coaches can expect from the weekend camp

- observation of tactics, drills, and implementation of technical development during morning and afternoon training sessions.
- debate player management practices
- have extensive opportunities for discussion and question time with Andrei and Mark both during and after sessions while at camp.
- to be tasked in delivering short tasks for the players to complete.
- receive feedback from head coach on those task deliveries.
- Additional match critiquing and analysis during the evening or sit in on national team meetings.
- required to coach a minimum of 1 set and receive multiple feedback from national team coaching staff on Day 2 of each camp.

Coach tasks

- 1 on 1 online feedback session with one of the head coaches from a recorded club/school trainings or match.

Tier 2 Application Form

Please complete the application form and return a copy to Conor at cdo@volleyballireland.com. Successful applicants will be notified by May 7th, 2021. Deadline for applications is **Monday May 3rd - 16:30pm**.



Full Name Click or tap here to enter text.

Club / School Click or tap here to enter text.

Please explain briefly why you would like to be part of this programme

Click or tap here to enter text.