

Coach Development Programme

Tier 3



Volleyball Ireland

Tier Three Programme - Advanced Coaches

Our Tier 3 programme is supported by international FIVB certified tutors. This programme is designed for our coaches to work, learn and develop alongside some of the world's top coaches and experts within the sport.

Programme Insight

How much is the course?

Tier 3 is free of charge. However, any travel or subsistence expenses are borne by the course attendees.

How long is the course?

Coaches will be expected to attend 40 hours of sessions over the year. Volleyball Ireland will liaise with the tutors to create a blended learning approach thus allowing coaches to engage online and in practical environments when appropriate.

What topics will be covered?

Please see the following page for a breakdown of topics that have been identified by leading experts as areas for advanced coaches to develop their skills. There will also be an opportunity for the group to agree a topic they would like presented. VI will Liaise with FIVB to try and bring in an expert on that session.

Are there any follow ups?

Volleyball Ireland would ask that the group share their knowledge learned within their clubs to fellow coaches. Secondly, to support Volleyball Ireland in delivering any workshops relating to the specific topics covered in Tier 3.

Volleyball Ireland

141 Thomas Street, Dublin 8, D08 ETCO - 01 670 7165 - www.volleyballireland.com



Tier 3 Coach *Proposed Topics

| Coaching Philosophy | Team Dynamics | Coach Leadership |
|---------------------------------------|--|---|
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| Talent Id and Talent Detection | Athlete Leadership | Strength & Conditioning Insights & Practical |
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| Technique Analysis/ Video Feedback | Tactical evolutions in Male/female volleyball | Data Analysis & Scouting |
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| Practical sessions- U age | Practical sessions- Youth | Coaches agreed topic Choice |
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*Topics are to be finalised with the advanced coaches and tutors once all applicants are selected

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Tier 3 Application Form

Please complete the application form and return a copy to Conor at cdo@volleyballireland.com. Successful applicants will be notified by May 7th, 2021. Deadline for applications is <u>Monday May 3rd - 16:30pm</u>.



| Full Name | Click or tap here to enter text. | |
|--|----------------------------------|--|
| Club / School | Click or tap here to enter text. | |
| Please explain briefly why you would like to be part of this programme Click or tap here to enter text. | | |
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