

## FAQs

### I. How can I sign up for the open trials?

This is done through Go Membership

1. [volleyballireland.azolve.com](http://volleyballireland.azolve.com)
2. Click events and courses
3. Select Development Centre Open Trials
4. Pay €10

### II. What are the Development Centres?

The development centres are east and west monthly training centres for our more advanced junior players.

### III. What are the aims of the Development Centres?

The aims of the centres are twofold.

1. To provide support and high level training for our junior players in achieving their ambitions.
2. To create a first step on the high performance pathway to playing on the Irish National volleyball team.

### IV. What are the benefits of taking part?

- High quality training equipment.
- Player training tops personalised to their centre
- Monthly player training plans and parent update reports
- Full Volleyball Ireland registration and insurance for players
- Player access to most up to date sport technology supports
- Train in an environment with top regional junior players and coaches
- Access to international competitions and training camps

## **V. When are the open trials?**

West Boys November 6<sup>th</sup> 10-1pm in St Brigid's College, Loughrea

West Girls November 6<sup>th</sup> 1-4pm in St Brigid's College, Loughrea

East Girls November 7<sup>th</sup> 10-1pm in Colaiste De Hide, Tallaght

Boys November 7<sup>th</sup>, 1-4pm in Colaiste De Hide, Tallaght

Details are available once again in Go Membership when selecting slots.

## **VI. How much is it to join the centres if selected?**

Players pay a joining fee of €90 (training gear included)

€10 for each monthly session.

\*All camps or international competitions are separate payments.

## **VII. What does my joining fee include?**

- High quality training equipment available for each centre usage.
- Player training tops personalised to their centre.
- Monthly player training plans and parent update reports.
- Full Volleyball Ireland registration and insurance for players.
- Player access to most up to date sport technology supports.
- Train in an elite environment with top regional junior players and coaches.
- Access to international competitions and training camps.

## **VIII. Is my child eligible?**

Girls born 2006, 2007, 2008 & 2009

Boys born 2005, 2006, 2007 & 2008

**IX. Will this training clash with club training?**

No, not at all. The first weekend in each month is set aside for Irish national team training and development centre activities. Therefore, no club games take place during this weekend.

**X. How often and how long are the sessions?**

Trainings will take place once a month for a 4 hour period. Mid-term camps will also be an optional training opportunity for players to attend.

**XI. When is the first training?**

Trainings are to commence December 4<sup>th</sup> for girls and 5<sup>th</sup> for boys.

Girls will train Saturdays and boys Sundays during each weekend

**XII. Can my child try again next year if unsuccessful?**

Yes, each year all players must try out once again for development centres, even those who were selected the previous year.

**XIII. Who can I speak with to find out more?**

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