**How to play 4v4 Volleyball**

**Goal**

The players try to get the ball over the net on to the floor of the opponent’s court. In 4v4 volleyball there are front and back court players.

**Start**

The ball is served over the net into the opponent’s court from the right back position of the court. After three successful serves a team will rotate but will retain the serve.

|  |
| --- |
| **Team A**  **P**  **P**  **P P**  **P P** |
| **Team B**  **P5**  **P6**  **P3 P4**    **P2 P1** |

**Rules**

Three touches compulsory per team before returning to opponents. Same person cannot touch the ball in consecutive touches.

Beginners may use a overhead catch and throw on second touch. Competitoon organisers will divide accordingly on levels

Rotation

1- Win back the serve then rotate clockwise

2- Three successful serves in a row then rotate clockwise

**When is a Point Scored?**

* If the ball touches your opponent’s court
* If the ball does not go over the net or out
* If a player makes a mistake and the balls goes out from their touch

**Scoring**

Rally point as in volleyball. Sets in regional blitzes will be timed