

## VLY Leagues Games' Match Protocol

### 17+ Minutes before start

The referees check the height and tension of the net as well as the position of the antennae and side markings.

### 16 Minutes before start

The two referees and both team captains' report to the area in front of the scorer's table. The coin toss follows after which the first referee informs the scorer about the result of the toss. Team captains sign the score sheet.

### 15 Minutes before start

The first referee blows his whistle to signal the start of the official warm-up. Hitting and service practise is conducted at this stage. The referees check the equipment for the game, i.e., match balls, score sheet, uniforms etc. Referees have to give any necessary instructions to line judges, ball retrievers, etc. The referees will control the warm-up.

### 12 Minutes before start

The second referee must ensure that the coach of each team submits a line-up sheet for the first set to the scorer who records the six starting players of each team on the score sheet.

### 5 Minutes before start

The first referee whistles, indicating the end of the warm-up of the teams. If players must change their jerseys, they must leave the playing court and return with little or no delay. All team members must be wearing their match uniforms.

### 4 Minutes before start

Both referees stand in the middle of the court, perpendicular and close to the net. At the first referee whistle the players enter the court lining up laterally in the middle of the court facing the scorer. The first referee whistles for the players of the two teams to fist bump at the net and then return to their benches.

### 2.5 Minutes before start

Both referees go to their normal positions.

### 2 Minutes before start

First referee will blow the whistle for the teams to line-up at the baseline, and then whistle for players to enter the court.

Second referee checks the players starting positions. The second referee checks that the scorer is also finished checking and is ready to start. Then he/she gives the ball to the server.

### Match start

The first referee blows the whistle to authorise the first service of the match.