



# **Education & Training**

**Summer  
2023 Programme**

# Content

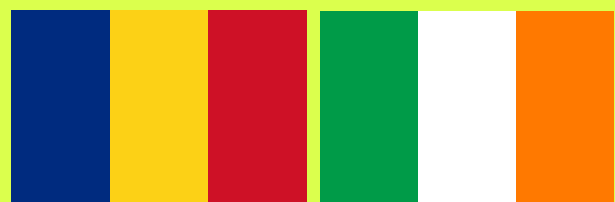
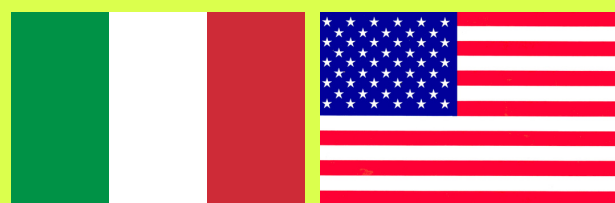
- E&T Summer Calendar
- Intro to Beach Volleyball refereeing
- Coach Development Programmes
- Intro to Beach Volleyball coaching courses
- Safeguarding Courses
- Foundation & Level 1 Indoor Coaching Course
- USA Scholarship Session
- Referee Grade 3 Courses
- Teachers Workshops
- Club Development Sessions



SPORT  
IRELAND  
COACHING



Accredited  
Course



SPORT  
IRELAND  
ETHICS



Approved  
Programme

# Education & Training

## Summer Calendar

### May

**26th & 27th**

**Introduction to Beach Volleyball Refereeing**  
26th 7–9pm & 27th 10–3pm

### June

**3rd**

**Men's National Team Coaching Session**  
10–1pm Maynooth University

**4th**

**Intro to Beach Volleyball Coaching**  
10–1pm Dublin

**11th**

**Intro to Beach Volleyball Coaching**  
10–1pm Galway

**27th**

**Safeguarding Level 1**  
6.30pm, Online

### July

**8th**

**Grade 3 Referee Course**  
9am–5pm, Dublin

**9th**

**Foundation Level Coaching Course**  
9am–5pm, Dublin

**11th**

**Safeguarding Level 2**  
6.30pm, online

# Education & Training

## Summer Calendar

### July

**18th & 19th**

**Volunteer Recruitment**  
6.30, Online both nights

**22nd**

**Foundation Level Coaching Course**  
9am-5pm, Galway

**25th**

**Safeguarding Level 3**  
6.30pm, online

**26th**

**FIRST POINT USA Scholarship Session**  
7pm Online

### August

**12th -15th**

**Manu Benelli- Setting Clinic**  
Maynooth University

**August  
19th**

**Grace 3 Referee Course**  
9am-5pm, Dublin

**22nd**

**Safeguarding Level 1**  
6.30pm, Online



# Education & Training

## Summer Calendar

### September

**2nd & 3rd**

**Bogdan Tanase- Outside Hitter Clinic**  
Maynooth university

**12th, 13th  
19th, 20th**

**Teachers workshop: Intro to volleyball**  
Cork, Galway, Dublin, Athlone

**16th & 17th**

**Level 1 Indoor Coaching Course**  
9am-5pm, Dublin

**23rd & 24th**

**Level 1 Indoor Coaching Course**  
9am-5pm, Galway



# Beach Volleyball

## Introduction to Refereeing

Volleyball Ireland are seeking to recruit and train beach volleyball referees. To ensure our ever growing beach tours maintain the highest standards of play we are looking to identify both beginner and experienced people who would like to join the referees team this summer for some days at the beach!

Format: Online and game mentoring

Date: Online Session

May 26th 7-9pm

Game Mentoring

May 27th 10-3pm

Mentoring @ Bettystown Beach, 1 Star competition

Registration: click [HERE](#)

Cost: FREE OF CHARGE



**Course Tutor: Aurélien Gimenez**

# Coach Development Programme

## 6v6 Volleyball

Andrei Molnar, Head Coach of Ireland Men's Senior team will host an open training session for all levels of coaches. This session will provide interesting insights into intensity of trainings as the team are currently deep into competition phase preparations for their upcoming SCA European Tournament. The session for coaches will focus on technique refinement, position specific training and well as Power Spike.



**Men's National Team Open Coaching Session**  
**10- 1pm Maynooth University, June 3rd**

2 Hr Practical with group involvement  
1 Hr Theory PPT session

**FREE OF CHARGE**  
**Registration: Click [HERE](#)**

# Beach Volleyball Introductory Coaching Courses

Introduction to beach Volleyball courses will be delivered by Team Ireland Beach Coaches, Melissa Cheviron, Luciana Sombra and Lee Annand. The courses will equip those starting out on sand with the basic skills and confidence to deliver sessions.

Duration: 3 Hours

Date and location:

June 4th, 10am-1 pm Burrow Beach Sutton, Dublin

June 11th, 10am-1pm Dangan Sports Ground, Galway

Registration: click [HERE](#)





# Safeguarding Courses

## Level 1 & Level 2 & Level 3

All Youth Coaches, Club Children's Officers (CCO) and Designated Liaison Persons (DLP) must first complete the 3 hour Child Welfare & Protection Basic Awareness Workshop. This workshop educates participants on the implementation of best practice in safeguarding the welfare of children involved in sport.

All courses information - [CLICK HERE](#)

Duration: 3 hours

Dates: SG 1 - 27th June or 22nd August

SG 2 - 11th July

SG 3 - 25th July

Location: Online

Cost: 20€

Registration: click [here](#)





# Referee Grade 3 Courses

The course is designed to equip starter referees with specific knowledge that will enable them to officiate as 1st referee in Division 2 / school games as well as 2nd referee in Division 1 matches.

## Course outline

- Rules overview
- Q & A discussion session
- Exam
- Practical assessment (post course)



Duration: 8 hour course

Dates and locations:

July 8th 9-5pm Dublin

August 19th 9-5pm Cork

Cost: €50

Registration: click [HERE](#)

\*Match assessment post course is required

# Foundation Level Coaching Course



Our newly restructured introduction to volleyball course is open for registrations. New coaches looking to obtain a licence will need certification from the course to qualify for a National League indoor coach licence.

## Course outline

- Coaching philosophies
- Role of the foundation coach
- Fundamental movements
- Lead up games 1v1, 1&1, 2v2, 2&2
- Planning and delivering a session
- Club Culture

Duration: 12 hours course

Dates and locations:

Dublin July 9th

Galway July 22nd

Cost: €50

Registration: click [HERE](#)

Garda vetting and  
Safeguarding 1 required when  
coaching any U18 players





# Coach Development Programme

## Setter Clinics



## HALL OF FAME INDUCTEE- Manù Benelli



Our skill clinic courses are supported by internationally recognised tutors. These clinics are designed for our coaches to work, learn and develop alongside some of the world's top coaches and experts within the sport.

August 12-15th  
Maynooth University Campus

Morning, afternoon and evening sessions. Coaches are invited to attend individual sessions however encouraged to join as many as possible. This is a unique opportunity to learn from a Hall of Fame member in person.



**REGISTER NOW >**



### **Manuela Benelli**

- 20 years in Italian top league Serie A
- 11 Italian League titles in a row
- 2 Champions League, 1 Club World Cup
- 15 years with national team, 325 caps
- 3rd level coach, with 3rd level youth coach degree
- Coach developer for Italian volleyball federation and for smart coach



# Coach Development Programme

## Outside Hitters Clinic



Returning once again to Irish shores is Bogdan Tanase. After a successful Tier 3 coaching course last summer an agreement has been reached for Bogdan to deliver another Top class course for our coaches. This year's focus will shift to developing Outside Hitters.

September 2nd & 3rd  
Maynooth University Campus  
[REGISTER HERE](#)

### "Developing the Outside Hitter" with Bogdan Tanase

- Exploring Wing Attack
- Covering Spike
- Block
- Reception



### Bogdan Tanase

Bogdan Tanase has years of experience in coaching junior and senior squads at national and club level. He covered the role of Head Coach of the Hungarian National Team and Romanian Youth National Team, as well as of multiple clubs competing in the highest league of Romania (ACS Volei, VCM Zalau, CSA Steaua Bucharest). He was also assistant coach for the Austrian Junior and Senior National teams. Alongside his coaching experience, he is a teacher in the Faculty of Sports and Physical Education at the University "Bogdan Vodă".

# **GROW VOLLEY**

## **Club Development Session**

### **How to Attract & Select Volunteers!**

Attracting & Selecting Volunteers online training will support you and your organisation to follow innovative, creative and good practice ideas when planning a recruitment campaign and selecting the right volunteers for your club.



Develop the fundamental building block that informs all aspects of managing volunteers.

Create good marketing techniques to attract the right people

Registration: [HERE](#)

Cost: Free

July 18th & 19th, 6.30–9pm

Location: Online Zoom



# Teachers workshops

## Intro to volleyball

VLV will offer workshops for teachers who want to start off a volleyball activity in their school. This course is set to learn about our school programmes - FUNDA volley into 4v4 volley and right up to 6v6 volleyball. Develop the basic skills and learn about our events & competitions structured in line with our LTPD model.

Duration: 2 hours

Date: September 12th, 13th, 19th, 20th

Location: Dublin, Athlone, Cork & Galway

Cost: €15

Registration: [HERE](#)





# Level 1 Indoor Coaching Course

For coaches looking to upskill and higher their game level, VLY host a 2-day weekend course. Topics of discussion include serve-receive and diverse systems of play among a multitude of other topics that assist in coach development.

Duration: 16 hours course plus pre course work.

Date: September 16/17 Dublin  
September 22/23 Galway

Times: 9–5pm

Cost: €150

\*Subsidised by VLY for 2023 and only €75 pp

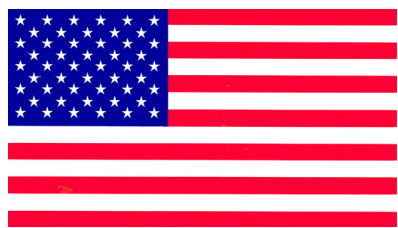
Registration: click [HERE](#)

Garda vetting and Safeguarding 1 required when coaching any U18 players

## Course outline

- Role of the level 1 coach
- Coaching technical skills
- Serve receive systems
- Offence and defence systems
- Planning and evaluating 6v6 sessions
- Open discussion and Q&A session





# USA Scholarship Info Session

## FIRSTPOINT USA

Join us for an online information with the world's leading US Sports Scholarship agency.

FirstPoint specialist talent management consultants assist athletes to propel their academic and athletic careers through successful partnerships with top US institutions. This session is open to all and strongly advised for parents and coaches to join as well as the players.



**PARENTS**



**PLAYERS**



**COACHES**

Date: July 26th @ 7 pm

Location: Online

Cost: Free of Charge

Registration: click [here](#)





# Summer events

May 21st

**Beach Volley RDC trials  
(East & West)**

May – September

**Junior Beach Tour 2023**

May–September

**VLY. Beach Tour  
Social Volley fun events**

**VLY.**  
Volleyball  
Ireland

**For any queries on courses,  
beach volleyball  
programmes and youth  
events, contact**

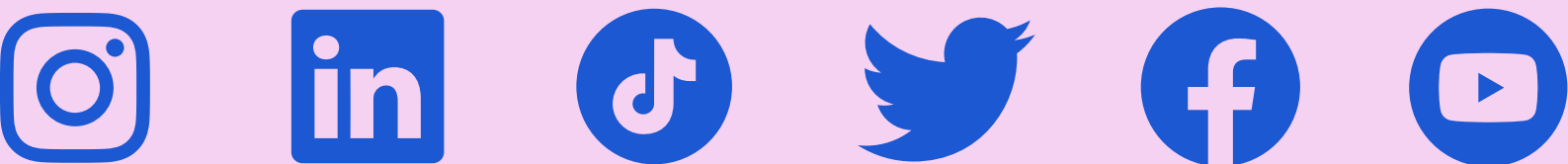
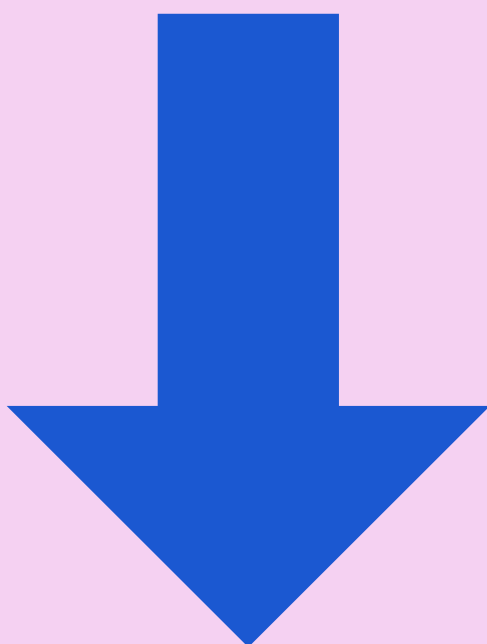
**Conor Flood**

**National Development Manager**

**[cdo@volleyballireland.com](mailto:cdo@volleyballireland.com)**

**Stay up to date with all the  
volleyball programmes and  
events**

**Follow us now**



**Subscribe to the weekly Monster  
Block Newsletter on  
[volleyballireland.com](http://volleyballireland.com)**





**Volleyball Ireland**  
**141 Thomas Street, Dublin 8, D08 ETCO**  
**01 670 7165**  
**[www.volleyballireland.com](http://www.volleyballireland.com)**