



Beach Volleyball Development Centres

2024

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Introduction

The Beach Regional Development Centres are yet another forward step in the development of creating high performing players in Ireland. Regional centres provide first class training for junior players. The aim of the regionalised centres is to facilitate an environment that helps higher level players train and learn with the very best from their region.

The Regional Development Centres will provide open trials for players to try out on June 10th & 17th in the East and June 11th and 18th in the west. The centres will operate on an east and west basis for 2024.

The regional development centres are the first step on the high performance pathway to national squads. A maximum of 16 players from each sex will be selected to attend each centre, which will offer training at least once per week.

All details of the 2024 centres are listed below.

For all other queries please contact Youth Head Coach Graham Bell at graham@volleyballireland.com, 0851810253.

Coaching

- Graham Bell will project manage the programme and coordinate each centre as the Head Coach.
- The Head Coach will oversee each session with support from two assistant coaches.
- Weekly sessions will be delivered between June and September
- Coaches will work within the long term player development model but have the freedom to implement their own style.

Female & Male

2024 Centres	Location & Time	Head Coach	Registration for trials
East Centre First session Start June 10th	Burrow Beach, Dublin 4-6.30pm	Graham Bell Ciagan Davoren Uma Isselee	Contact graham@volleyballireland.com
West Centre First session Start June 11th	Dangan Sports Ground, Galway 4-6.30pm	Graham Bell Jerry Obi Yenia Lynch	

Player Eligibility

Girls and boys born in 2007, 2008, 2009.

Player Selection

- Player selection will be undertaken by the head coach and assistants during the player attendance at the first two training sessions in June.
- Clubs are invited to recommend players to attend.
- Players previously selected at centres will still need to attend a trial day each year to be selected once again
- Players in the older age groups may be selected to form a National Training Squad
- Upon achieving selection, parents will need to provide consent forms with payment prior to the third session taking place.

Player Financial Requirements

- Players will pay a sign-up fee which includes trainings and training clothing. The sign-up fee will be €75 for the full summer, which must be paid by the third training session with the selected team.
- A link for payment will be sent by Graham after open trials are completed and teams are selected
- Multi-day performance camps or competitions will be paid for separately.

Player Benefits

- High quality training equipment.
- Player training tops
- Train in an environment with top regional junior players and coaches
- Access to training camps

Player Expectations

All development center juniors and previous season youth players (U22) are welcome to join the program without prerequisites. However, in order to achieve quality necessary to compete with European teams, we are implementing a series of expectations for all players and coaches. The senior players' expectations are a prerequisite for entering and are subject to approval by the coaching team. Entrance to the squad training sessions is dependent on the following expectations:

- Dedication to the long-term goals of the squad (i.e. personal selection for competition is not guaranteed upon admission)
- Must set a high standard of fitness, and competitive + team mentality in order to set a precedent younger players
- Must have a regular routine of workouts (beach, indoor, or S&C) averaging at least 5 days per week. Must be done in coordination with strength & conditioning programming from VLY S&C coach or equivalent deemed sufficient by coaching staff.
- Must meet fitness standards determined by coaches.
- May be subject to a trial period

Once a part of the training squad all players are expected to maintain obligations as follows:

- Follow team training & S&C workouts as prescribed by coaches
- Respond regularly on teamer to all sessions
- Players cannot miss more than 3 weeks over the summer
- Make every effort to attend every training session and arrive early (anything prohibiting attendance must be discussed with and cleared by coaching staff)
- Attend all possible VLY tour events
- Communicate clearly with coaches any issues surrounding injury, personal/team goals, positions, and playing partner relationships

Coaches' Responsibilities are as follows:

- Arrive on time and prepare for every training
- Communicate team goals and objectives clearly (day-to-day and long-term)
- Communicate individually with all players regarding preparation, assessment, and planning of competitions
- Coordinate with VLY and other coaches to achieve national program objectives
- Strive to empower every player within the program to perform at their best
- Prioritize the safety of players in all trainings and competitions
- Train and select players regardless of club affiliation or personal preferences

Insurance for player and centre

- Players automatically during registration are covered with Volleyball Ireland's player personal indemnity insurance
- Centres are insured through Volleyball Ireland's insurance policy for centre training and events

Governance

- VLY Head Youth Coach Graham Bell will oversee the Regional Development Centre project, as part of his core work.

Safeguarding Children

- Volleyball Ireland is committed to creating and maintaining the safest environment possible for all young people who wish to participate in volleyball activities. Every person should at all times, show respect and understanding for participants' rights, safety and welfare. All suspicions, concerns or allegations of harm will be taken seriously and responded to swiftly and appropriately by the national children's officer

- The national children officer will be a direct communication link for each RDC's – Conor = cdo@volleyballireland.com **Tel:** 0870997659

GDPR

- In order to function effectively, Volleyball Ireland or those working for Volleyball Ireland collect a range of personal data and sensitive personal data but only where relevant and proportionate to providing Players support. Volleyball Ireland will not process personal data which is irrelevant or unnecessary in the context of and Support Services referred to above. The data will be stored in a safe location and in compliance with GDPR guidelines.
- Players have the right to be informed what personal data Volleyball Ireland holds and what it is used for. The Player has the right to access this personal data, to update the personal data and to be informed how Volleyball Ireland is complying with its obligations under the Data Protection Act, or to complain to the Data Protection Officer if The Player believes that the Volleyball Ireland Data Protection policy has not been followed.

Garda Vetting

- All coaches and any support parents/volunteers that engage with children from the centre must be fully vetted by Volleyball Ireland. Any queries in relation to vetting can be answered at vetting@volleyballireland.com

Code of Conduct

- Both players and sports leaders must ensure high standards of conduct are expected at each centre
- Players and sports leaders will be required to complete code of conducts upon induction to the centre.

Anti-Doping

- Players parents and coaches should all be familiar with the antidoping restrictions.
- For additional information please visit <http://www.volleyballireland.com/anti-doping.html#/>

Calendar of Events

Dates & Times	Event & Location
June 10 th 4pm-6:30pm (then every Monday)	East launch (Burrow Beach, Dublin)
June 11 th 4pm-6:30pm (then every Tuesday)	West launch (Dangan Sports Ground, Galway)
September 14 th Dublin	Joint Training Day
Additional RDC event may be added. Centres will cease training during the u20 European finals in August	
Junior Regional Indoor Centres trials September 2024	

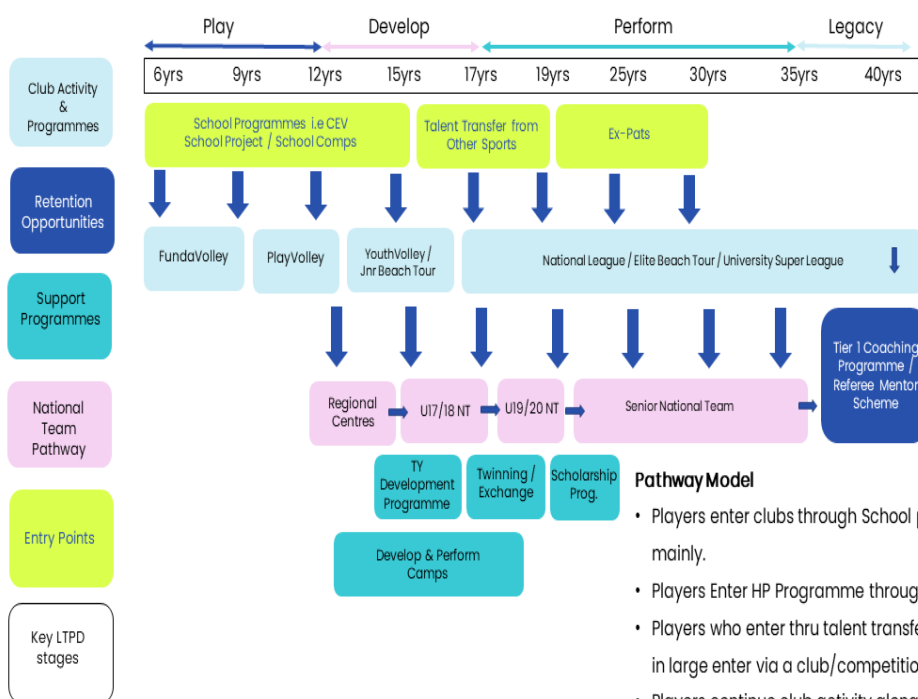
Competition Possibilities.

All RDC players are encouraged to enter both VLY Junior Tour and Adult tour for development and additional match practice.

Junior Tour Dates	Adult Open Event
July 6 th Inchdoney, Cork	June 1 st Dollymount, Dublin
July 13 th Bettystown, Meath	July 7 th Inchdoney, Cork
	July 14 th Bettystown, Meath
	August 31 st Bettystown, Meath
	4v4 club events in Galway, Cork, Dublin.

Pathway Structure

Below on the graphic we can see the regional centres highlighted in pink. The graphic helps illustrate the direct pathway for our more advanced players to progress into our senior national team. Each development centre will engage in national and international events ensuring all players are exposed to competition at the higher levels. The possibility of players forming an u18/u20 national team from the centres to compete in European events is a viable option and to be considered / discussed prior to each scheduled competition by coaches, backroom staff and national development manager.



Pathway Model

- Players enter clubs through School programmes mainly.
- Players Enter HP Programme through clubs
- Players who enter thru talent transfer/ex pats will by in large enter via a club/competition albeit briefly
- Players continue club activity alongside HP Pathway
- Support programmes aid development
- All players encouraged to give back as coaches/referees when time is right

Communications

Head Youth Coach

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National Children's Officer

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Garda vetting

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