

Summer Booklet

2025

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Beach Volleyball Camps for YOUR Club

FIVB Beach Coach and Volleyball Ireland's Beach programme Manager, Melissa Cupples is bringing Beach Volleyball to your Club!

Why not give Beach Volleyball a go in the comfortable surroundings of your indoor team mates!

How to apply and for further information.

Contact Melissa - beach@volleyballireland.com













Creating Captains!



Facilitator- Kevin Spain is a former GAA Games Promotion Offer and Coach. He has a Bsc in Psychology and Training and Leadership qualifications from UCD and Galway University. Kevin has ten years of experience of leading and facilitating the Dermot Earley Youth Leadership programme

Date, July 24th 9-5pm Cost, €20 Location, Colaiste De Hide (Gardians Venue)

Registration link on the final page

This <u>CoachKevin</u> sports leadership programme for Volleyball Ireland will focus on key areas of sports leadership for young people to enable them to build their self confidence, which is often their number one desire. In addition to self reflection exercises, that will enable the participants to articulate their own sense of self, by way of defining their Sports Values, Leadership style, and personal Motivation.



FIVB Courses

Volleyball Ireland are delighted to announce that TWO FIVB Coaching Courses will be delivered in Ireland this Summer.

FIVB 1 will take place in Maynooth, July 16-20. FIVB 2 will take place in Limerick, August 13-17.



To find out more contact cdo@volleyballireland.com



Level 1 Indoor Coaching Course

For coaches looking to upskill and higher their game level, VLY host a 2-day weekend course. Topics of discussion include servereceive and diverse systems of play among a multitude of other topics that assist in coach development.

A minimum of Level 1 certification is needed for Division 1 & Premier League coaches

Duration: 16 hours course + 5 sessions plans submission.

Dates & Location:

Level 1

Castlepark Dalkey June 14th & 15th Castlblayney College Sept 6th & 7th

Cost: €100

Registration: Link on final page

*Garda vetting and Safeguarding 1 required when coaching any U18 players

Course Outline

- Serve receive systems
- Offence and defence systems
- Planning and evaluating 6v6 sessions
- Open discussion and Q&A session





Indoor Volleyball Camps

The camps will focus on technical development of players. Each participant will receive a T-shirt, VLY. drawstring bag, and a digital certificate, as well as four days of training.

Camp Fee = €120. Eligible = 2010, 2011, 2012 10.30am-3.30pm each day

DETAILS:

- 9th to 12th June, Riverstick, Cork-Boy
- 24th to 27th June, Riverstick, Cork- Girl
- 17th to 20th June, Claregalway, Galway Boy
- 1st to 4th July, Claregalway, Galway- Girl
- 8th to 11th July, Clonlara CC, Clare-Boy
- 22nd to 25th July, Clonlara CC, Clare- Girl

Registration: Link on final page

Camp Head Coach

Erica Fatini
U18 Ireland Women's Head Coach





Foundation Level Coaching Courses

Our introduction to volleyball courses are now scheduled. New coaches looking to obtain a licence for U16, U18, Division 3 & Divison 2 National League will need certification from the course to qualify for an indoor coach licence.

Course outline

- Role of the foundation coach
- Fundamental Movement Skills
- Lead up games lv1, 2v2,
- Planning and delivering a session
- Skill technoial points
- Health and Safety

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Duration: 8 hour course

Date and location:

Foundation Level

September 7th Riverstick, Cork September 20th St Mary's, Galway

9-5pm

Cost: €60

Registration: Link on final page

Garda vetting and Safeguarding 1 required when coaching any U18 players



Future Leaders Programme

1. Coach 2. Referee 3. Scout

The Future leaders programme will return this summer The leaders will undergo a 2 day programme that provides knowledge in coaching, refereeing and game analysis through statistics. All leaders should be 14-17 yrs old.

*Possible scouting opportunies at the European Senior Women's Tournament in Dublin from . 27-29/06

Dates & Cost

St Mary's College, Naas June 23 & 24th 9.30-5pm both days €30

Registration link on Final Page







Teacher/Coach Conference Day

As School Volleyball standards of play continue to excel, we are hosting a conference day for teachers to come together and learn how to take their teams to the next level!

- Portlaoise College
- 10.00am-4.30pm
- August 7th
- €30



Tactical systems
Defence VS Offence
Training the Setter
Team Formations- Pros and Cons



Registration: Link on final page



Safeguarding Level 1

All Youth Coaches, new & youth league referees, Club Children's Officers (CCO) and Designated Liaison Persons (DLP) must complete the 3 hour Child Welfare & Protection Basic Awareness Workshop. This workshop educates participants on the implementation of best practice in safeguarding the welfare of children involved in sport

Duration: 3 hours, 6-9pm

Date: September 2nd & September 22nd

Location: Online

Cost: 20€

Registration: Link on final page





Referee, Level 1 & 2 Course

These introductory courses are designed to equip starter referees with specific knowledge that will enable them to officiate as 1st referee in Youth Leagues, Division 3 & Division 2 as well as 2nd referee in Division 1 matches. On hand to deliver the courses is International Referee Giordano Dos Santos!

Level 1 = Youth Leagues & Division 3 only

Level 2 = Level 1 PLUS Division 2 as 1st referee & Division 1 as 2nd referee

Course outline

- Rules overview
- Q & A discussion session
- Exam
- Practical assessment (L2)



Duration:

Level 1 = 6 hours course online with pre course exam.

Level 2 = 6 hours online plus full day in person with exam, plus assessment.

Date and location:

Level 1 = Online Sept. 2nd & 4th or Sept. 9th & 11th

Level 2 = Online Sept. 2nd 4th (& 6th in Riverstick, Cork)

Level 2 = Online Sept. 9th 11th (& 14th in Castlelands CC, Balbriggan)

Cost: €30 Level 1 and €60 Level 2

*Garda Vetting and Safeguarding 1 required



Positional Clinics

These clinics will provide a unique and valuable learning experience designed to teach and train you in reaching the next level of your volleyball game. Trainings will focus on building a stronger technical base as well as enhancing tacticle knowledge of systems.

Individual session €25 Players 2011, 2012, 2013 10-12.30pm

18th June Serving Clinic, Trinity Comprehensive
19th June Serving Clinic, Colaiste de Hide, Dublin
25th June Passing Clinic, Trinity Comprehensive
26th June Passing Clinic, Colaiste de Hide, Dublin
9th July Setting Clinic, Colaiste de Hide, Dublin
10th July Setting Clinic, Artane Beaumount
22nd July Attacking Clinic, Colaiste de Hide, Dublin
23rd July Attacking Clinic, Trinity Comprehensive
11th August Blocking Clinic, Trinity Comprehensive
12th August Blocking Clinic, Colaiste de Hide, Dublin
18th August Defence Clinic, Trinity Comprehensive

Individual session €30 Players 2008, 2009, 2010 1.00-4.00pm

18th June Serving Clinic, Trinity Comprehensive
19th June Serving Clinic, Colaiste de Hide, Dublin
25th June Passing Clinic, Trinity Comprehensive
26th June Passing Clinic, Colaiste de Hide, Dublin
9th July Setting Clinic, Colaiste de Hide, Dublin
10th July Setting Clinic, Artane Beaumount
22nd July Attacking Clinic, Colaiste de Hide, Dublin
23rd July Attacking Clinic, Trinity Comprehensive
11th August Blocking Clinic, Trinity Comprehensive
12th August Blocking Clinic, Colaiste de Hide, Dublin
18th August Defence Clinic, Trinity Comprehensive

Clinic Head Coach

Graham Bell

U18 Ireland Men's Head Coach

Registration: Link on final page





Referee Preseason Workshop

Volleyball Ireland & The Referee Management Committee are delighted to bring you the 2025 Referee Pre-Season Workshop.

This gathering of VLY. referees from all Levels will take place on September 20th from 10-1pm at the Carlton Hotel, Blanchardstown.

It is expected that all National League referees taking part in D2 – Premier League will be in attendance.

This workshop will aim to support our referees with clarity prior to the season beginning. A full agenda will be sent to all referees closer to the workshop date.

This event is FREE of Charge however all referees must register your names via the JUSTGO link on the final page









Summer Events

- SCA Senior Women, NIA June 26th -29th
- Coastal Beach Tour
 Bettystown -June 14th & 15th
 Inchydoney July 5th & 6th
 Dollymount August 16th & 17th
- SCA U19 Beach, Beach Inland August 2nd & 3rd

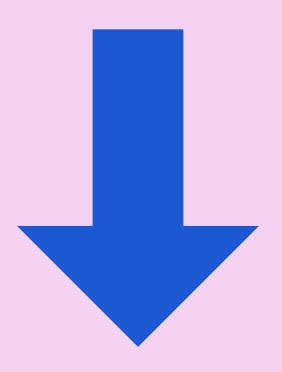






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For any queries on courses, beach volleyball programmes and youth events, contact

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Registration for course bookings
Click the Link below



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