

Timing	Description	Referees' Action	Team's Action
-30:00	Start of the warm-up	<p>Latest arrival of the 1st and 2nd referees</p> <p>Referees check:</p> <ul style="list-style-type: none"> • The match ball, E-score system • Check registration IDs • The players rostered in the E-scoresheet and players numbers • The height and tension of the net • The position of antennae and side bands. 	
-15:00	Official Coin Toss to decides who is serving and which courts the team will play in.	<p>The two referees report to the area in front of the E-scorer's table, facing the E-scorer</p> <p>The 1st referee blows his/ her whistle to call the team captains</p> <p>The coin toss takes place, and the 1st referee informs the E-scorer of the result.</p>	<p>Both team captains report to the E-scorer's table.</p> <p>After the toss:</p> <ul style="list-style-type: none"> • Team captains check the E-scoresheet • The teams go to their respective benches • Other equipment must be place behind the team benches <p>The coach also checks the E-scoresheet and identifies the starting libero if there are two listed on the E-scoresheet.</p>
-14:00	<p>Start of the Official Warm Up at the net.</p> <p>Line-up sheet for the 1st set (latest 12 minutes before the first serve)</p>	<p>The 1st referee whistles to announce the start of the official warm up at the net of both teams</p> <p>The 2nd referee must ensure that the coach or the assistant coach of each team has submits the line-up sheet for the 1st set.</p>	All team members must be in the match uniforms.
-04:00	End of the Official Warm Up	The 1 st referee blows his/her whistle to announce the end of the official warm up	At the whistle of the 1 st referee the teams must stop warming up and immediately return to their own team benches.
-03:30	Players' line up	<p>Position of the referees:</p> <p>Both referees must be located on the side line on either side of the post, on the side of the court nearest the E-</p>	<p>Teams enter the court and line up on the 9m line</p> <p>The team captain stands with one foot on the</p>

		scorer's table. 1 st referee on the Team's A side and 2 nd referee on Team's B side.	9m line, closest to the bench, with the 1 st libero standing next to him/her, and the 2 nd libero standing at the end of the row.
-02:30			Players move along the net for a fair play handshake and gather at the players' bench. Team officials to shake hands with opponent's Team officials.
-01:30		The 1 st referee blows his/her whistle to request the starting 6 players on court.	The six players of each team line up on the end line of their respective courts. After the 1 st referee blows his/her whistle to request the starting 6 players on court, the starting 6 players enter the court.
-00:30		The 2 nd referee: <ul style="list-style-type: none"> • Check the players' standing position, comparing them with those on their respective line-up sheet • Permits the starting libero to enter the court • Ask the E-scorer if he/she has also finished checking and is ready to start • Give the ball to the server. 	Both teams are on court and ready to start the match.
-00:00	First Service	The 1 st referee blows the whistle authorizing the first service, at the schedule time.	

INTERVALS:

➤ Teams:

- At the end of each set, the six players of each team line up on the end line of their respective courts
- At the direction of the first referee, the teams change courts as the players pass the net poles they go directly to their team bench.

➤ E-scorer:

- As soon as the Referee blows his whistle to end the last rally of the set, the E-scorer must start the timer for the timing of set interval
- 2:30, the Second Referee blows his / her whistle, or the E-corer pushes the buzzer.

➤ . Teams, 2:30:

- At the direction of the Second Referee, the Six Players registered on the line-up sheet go directly onto the playing court.
- Referees, 2:30:
 - The Second Referee checks the standing position of the players comparing them with those registered on their respective line-up sheet
 - For the start of the deciding set, the ball will be given to the server by the Second Referee.
- Referees 3:00:
 - The First Referee whistles, authorizing the service.

INTERVAL OF DECIDING SET (TIE BREAK)

- Teams:
 - At the end of the set before the deciding set, the six players of each team line up on the end line of their respective courts. At the direction of the First Referee, the teams go directly to their team bench
 - Teams Captains' report to the E-scorer's table for the TOSS.
- Referees:
 - At the end of the set before the deciding set, the Referees report to the E-scorer's table to conduct the TOSS.

AT THE END OF THE MATCH

- Teams:
 - At the end of the match, all the players of each team go to their respective 9m line, with referees standing on both sides of the 1st referee's chair
 - At the 1st referee's signal, the players go to the net and shake the hands of the opponents
 - The players leave the playing court and walk to their respective team bench
 - The team captains are required to sign the E-scoresheet.
- Referees:
 - Both referees position themselves on the side-line at the net by first referee's stand
 - They must report to the E-scorer's table to complete their post-match administration.
 - Remark:

The referees' work is still not complete! They must monitor the behaviour of the teams after the final whistle for the end of the match to ensure all participants behave in a sportsmanlike way until all participants have left the playing area and control areas in the competition hall.

All unsportsmanlike behaviour after the final whistle must be reported and noted on the E-scoresheet under "REMARKS". If necessary, a special report must be made by both referees and posted/emailed to the VLY office and the President of RMC within 48 hours of the incident.